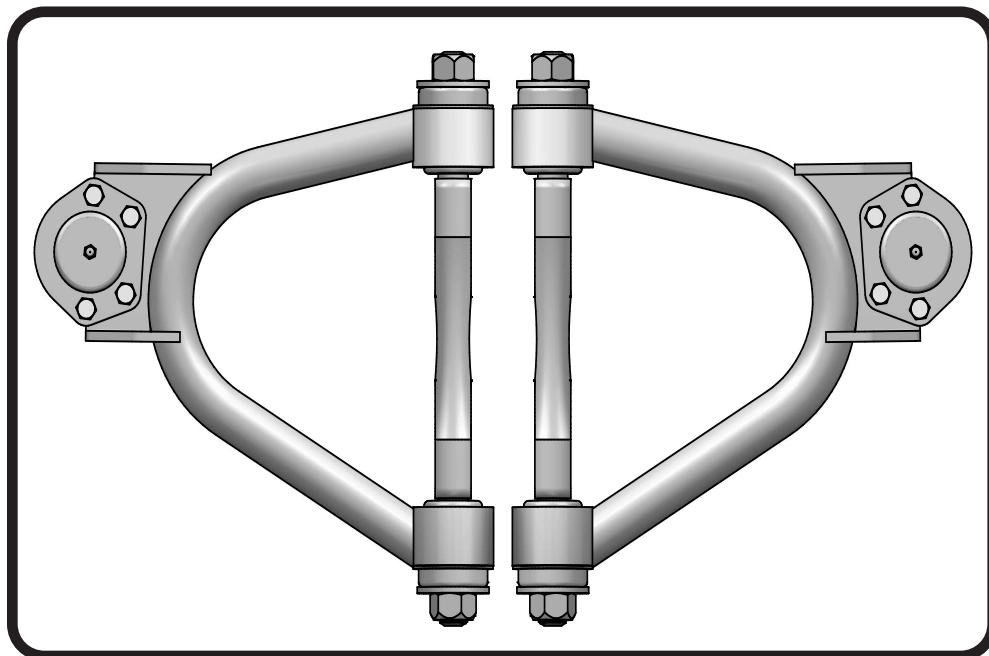
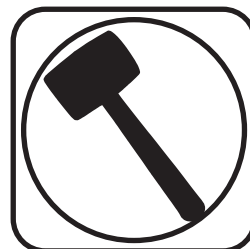
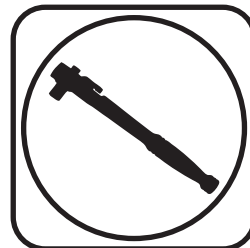
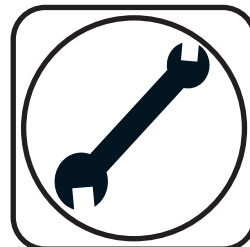




C10 CoolRide StrongArms

Part # 11343699(63-70)/**11353699**(71-72)/**11363699**(73-87)

Recommended Tools



C-10 CoolRide Upper StrongArms Installation Instructions

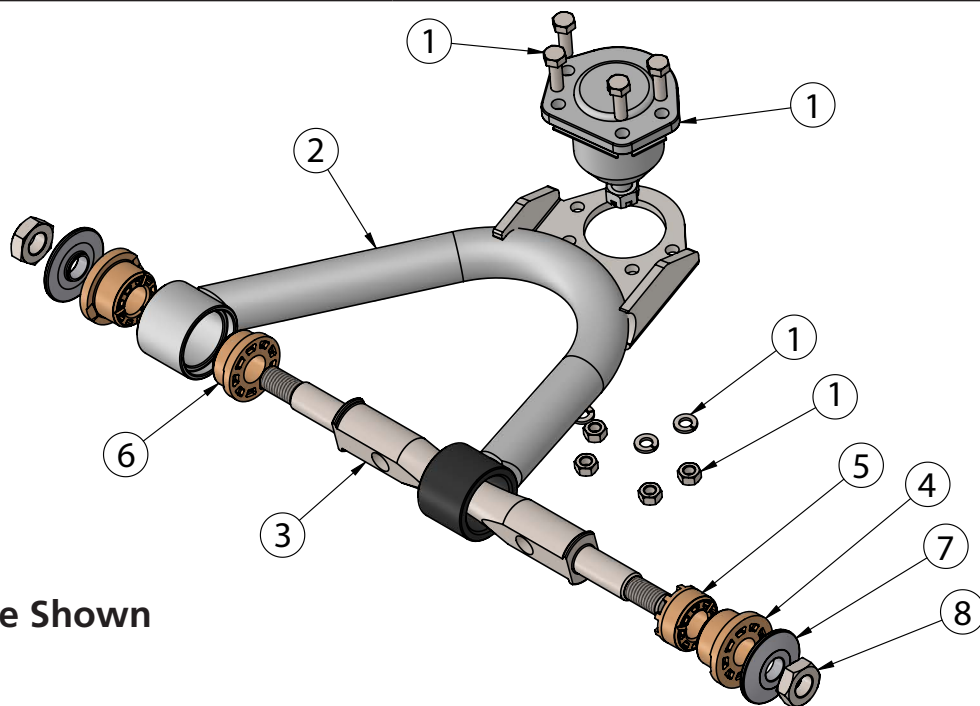
Table of contents

Page 2..... Included components
Page 3..... Installation



Upper Control Arm ComponentsIn the box

Item #	Part Number	Description	QTY
1	90000911/90000902/90000910	(63-70/71-72/73-87) - Upper Ball Joint Assembly	2
2	90003150	Driver Upper Control Arm (Shown)	1
2	90003151	Passenger Upper Control Arm	1
3	90003154	Upper Control Arm Shaft	2
4	70010759	Control Arm Bushing - 2.0" OD Ledge	4
5	70010827	Control Arm Bushing - 1.75" OD Ledge	2
6	70010826	Control Arm Bushing - No Ledge	2
7	90002737	Aluminum Control Arm Bushing Washer	4
8	99622005	5/8"-18 Top Lock Nut	4



Driver Side Shown

Getting Started.....

Note: The 63-87 C-10's have similar control arms through the years, but the ball joints used were different. The year breaks are as follows: 63-70, 71-72, 73-87. Be sure to use the correct ball joint for the year of spindle you are using.

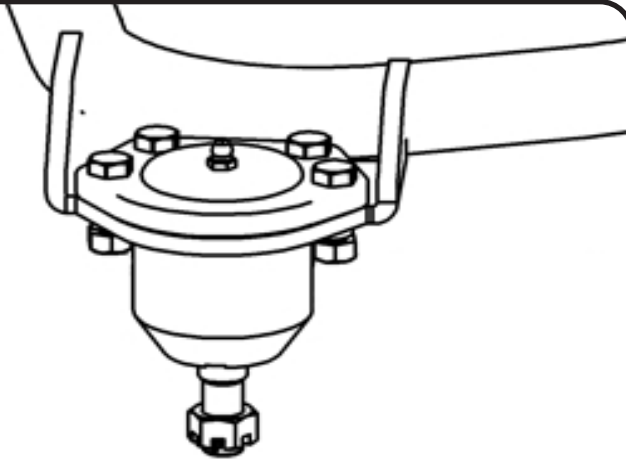
Ball joints:	Ridetech#	Proforged#
63-70:	Upper-90000911	101-10037
71-72:	Upper-90000902	101-10044
73-87:	Upper-90000910	101-10046

Ridetech#	Proforged#
Lower-90000912	101-10036
Lower-90000909	101-10040
Lower-90000909	101-10040



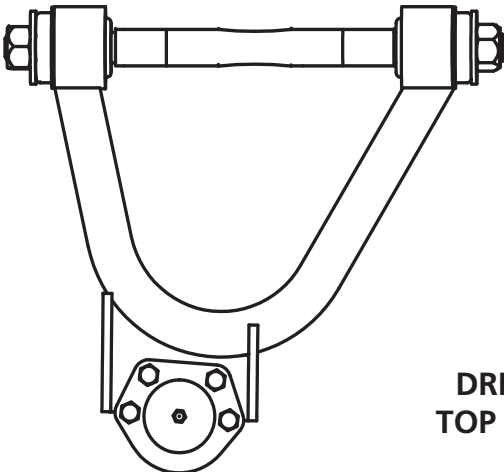
Installation

1.



1. Install the ball joints into the upper control arm with the hardware supplied with the ball joint. The upper ball joint goes in from the top side of the control arm. The gussets on the balljoint plate point up. Torque the hardware to 29 ftlbs.

2.



2. **Diagram "2"** shows the Driver Upper Control Arm. This is looking at the control arm from the top.

3.



3. Remove the OEM upper control arms from the truck. Fasten the control arms to frame using the stock hardware. Reuse the alignment shims; however the truck must be realigned after installation. Torque the nuts to 70 ft-lbs. **When assembling the Control Arms tighten the cross shaft nuts enough to create drag on the delrin bushings, the arm should still move through its travel by hand.**

Ball Joint nut Torque Specs:

Upper: Torque to 50 ftlbs and then tighten nut to align cotter pin hole not exceeding 90 ftlbs.

4. Grease the upper ball joints.