



Just released on March 25, 2023, the NHRA has mandated head and neck restraint devices for any vehicle running 150 MPH or faster effective January 1, 2024. The last mandate on head and neck restraints came in 2012. We are happy to announce many participants choose to wear a device to protect them during all motorsports (even well below 150 MPH), but this new mandate will require all participants to utilize approved devices for all vehicles running 150 MPH or faster.

SECTION 21: GENERAL REGULATIONS, 10:8 NECK COLLAR/HEAD and NECK RESTRAINT DEVICE/SYSTEM (Page 46):

Neck collar must be commercially produced and designed for racing. Two different types of collars are commercially available: a full 360-degree "donut" type or a pull-together "horseshoe" type. Modification according to manufacturer's recommendations to fit helmet and driver's neck/shoulder spacing permitted. Must be worn as per manufacturer's recommendations. Must meet SFI Spec 3.3 as per class rules.

Neck collar meeting SFI Spec 3.3 mandatory in all open bodied cars and any car running 9.99 (*6.39) or quicker or cars exceeding 135 mph. A head and neck restraint device/system may be used in lieu of a neck collar.

A head and neck restraint device/system meeting SFI 38.1 is mandatory for any vehicle running 200 mph or faster or running 7.49 (*4.49) or quicker or by Class Requirements.

Rev. 3-23-23 Beginning January 1st, 2024, A head and neck restraint device/system meeting SFI 38.1 is mandatory for any vehicle running 150 MPH or faster for 1/4 or 1/8 mile or running 7.49 (*4.49) E.T. or quicker or by Class Requirements.

Please help all participants make great decisions as they upgrade their safety equipment to be compliant with new mandate and continue to push the limits of motorsports activities